

2020-2021 HOCKINSON HIGH SCHOOL

CHEER TRYOUT PACKET

Dear Hockinson Cheerleaders and Parents,

Thank you for taking an interest in the HHS Cheerleading Program. We are all looking forward to a wonderful and exciting year for everyone involved. Cheerleading takes a high level of dedication, commitment to your team, hard work and a positive attitude. The Cheerleading season goes FROM AUGUST TO MARCH approximately, depending on the success of the football and basketball teams. This may be a new commitment for many of you and must be taken seriously. You will be expected to maintain an acceptable academic level in your classes and behave in a manner which is considered respectful and mature. You will be a representative of Hockinson High School and must always exemplify yourself as such.

To be cleared for cheer tryouts: (Contact Carolee McAfee at Hockinson High School ASB/Activities office with any questions concerning registration clearance, carolee.mcafee@hocksd.org)

- Register student with Family ID at hocksd.org/athletics
- All grades- Need to be cleared through Hockinson Middle School and High School for the 2019-2020 athletic seasons. GPA must be 2.50. All participants must have a current physical. (Check with Carolee McAfee if you are unsure)
- Bring a Signed “HHS Cheer Team Constitution” and Questionnaire to tryouts

Cheer Tryouts Information:

Due to Covid-19, Cheer tryouts will be done differently this year. At this time, I will be having each candidate learn two dances, one cheer, submit a questionnaire, and demonstrate required jumps (Toe Touch and Front Hurdler).

The two dance videos, and sideline cheer will be released Monday Morning July 6

Tryouts will be held Friday July 10. You will be assigned a tryout time. Tryouts will be held in the fieldhouse. Tryouts are closed to Visitors. Participants should wear clothing and shoes they are able to move in.

Every Cheerleader at HHS incurs the same costs, regardless of which squad they make.

The approximate cost is:

- Uniform: \$240
- Adidas Package: \$230
- Pom Poms: \$20
- Navy briefs: \$6

Total Approximate Cost: \$496.00 Payable to HHS ASB.

Cheer Questionnaire

1. Why are you interested in being a Hockinson Cheerleader?
2. What motivates you to do your best?
3. How will you positively promote school spirit?
4. What qualities do you find admirable in cheerleaders, leaders and others?

Hockinson High School Cheer Team Constitution 2020-21

This constitution provides general information and is not inclusive of all of the rules and regulations of the HHS Cheer Team. The HHS Cheerleaders promote school spirit and provide support and enthusiasm to events at Hockinson High School. *Our mission is to bring a group of individuals together as one unit and strive for a common goal of excellence through community representation, cheerleading and entertainment.* This is a synchronized activity where everyone contributes equally to the team. The team is a performance group and is responsible for cheers and dance routines at all home football and basketball games, a parade and other community events as determined by the coaches. The commitment begins immediately after tryouts and runs through summer until after parade season, the following spring.

Academic Expectation

Team members will maintain a minimum GPA of 2.50 and must maintain that minimum at all times through the 2018-19 sports seasons. Members who allow their GPA to fall below 2.50 will be placed on academic probation and will not be allowed to participate at any assemblies, games or community events such as parades.

Student's current GPA: _____

Code of Conduct

Team members will give 100% during all practices and performances, displaying a general positive attitude regarding the cheer team; no negativity-spoken or unspoken-will be tolerated. They will not drink alcohol, smoke or use illegal/prescription/over-the-counter medications for recreational purposes or participate in any activity degrading the team, in or out of uniform. Team members will not engage in improper behavior, poor judgment or misconduct, as determined by the coaches. They will not engage in any unfavorable, questionable or illegal activities through electronic media or electronic communication devices in such a way as to bring dishonor, discredit or disgrace to the HHS Cheer Team, the high school, faculty, students or community, as determined by the coaches. Team members will treat all HHS Faculty, administrators, personnel and students with respect and kindness. Anyone who violates the terms mentioned above will be subject to probation or dismissal from the cheer team. Family members and friends must show support for the team and its mission.

Attendance Requirement

Cheer Team members are expected to attend and participate in every practice, performance and event. Practices are typically 2-3 times/week for 2-3 hours each from immediately after tryouts through the Fall Sports Season. Winter Sports Season practices are typically 1-2 times/week. Dates and times, TBD. Team members who are absent run the risk of falling behind with regards to the material taught at practices and may need to be placed on probation or placed on a different squad to continue to participate. If a team member has a family emergency, illness or doctor's appointment that falls on a practice or performance date, parents are expected to notify coaches by email in advance at becky.strain@hocksd.org and send a parent/doctor's note with cheerleader to the next practice.

Participation Eligibility

There are several dance routines and cheers to be mastered prior to participating at a game or event. If a team member cannot competently execute dance routines or cheers 100% of the time at pregame or practices for games/events or are not "in sync" with or blending in with the rest of the team they will not be allowed to participate in the upcoming game/event and may need to be moved to a different squad. If squad members display a disrespectful attitude, as determined by the coaches, they will not be allowed to participate and may need to be placed on probation or on a different squad. Disruptive behavior, talking at games/performances, tardiness and not bringing the necessary uniform/performance items are all reasons a cheerleader may not be allowed to participate in upcoming games or events, again, as determined by the coaches. The coaches reserve the right to remove any cheerleader from a performance or from the team at any time.

Signatures below indicate that both prospective cheerleader and parents have read and fully understand the rules and consequences, financial and time commitments of the HHS Cheer Team Members and all parties agree to abide by all team rules and regulations/HHS guidelines.

I would like to participate on the Hockinson Cheer team: Fall Sports Season _____ Winter Sports Season _____

Cheerleader Signature

Cheerleader Printed Name

Date

Parent Signature

Parent Printed Name

Date