7th Grade CSHE Lesson Calendar
Hockinson Middle School
(last updated 4/12/22)

Curriculum: Goodheart-Wilcox Essential Health Skills for Middle School (Chapters 15 to 20)
7th Grade 4 - Days (2021-22 is abbreviated to 3 days)

Unit 7: Human Development and Reproductive Health

Chapter 18: Sexually Transmitted Infections and HIV/AIDS

7th Grade Day 1 & 2 (Day 1 only for 2021-22)
Note: 7th Grade will cover this information in-depth since it is the only section that is covered in that grade. The 6th and 8th grade classes will cover this information in a less-extensive way.

18.1 - Sexually Transmitted Infections (STIs)
- Set classroom expectations for sexual health lessons
- Paper/notecards for anonymous questions distributed
- Textbook Pages: 582-593
- Handouts: Graphic Organizer 18.1 (Teacher guided while scanning chapter)
- Anonymous questions are collected at the end of class

7th Grade Day 3 (Day 2 for 2021-22)

18.2 - HIV/AIDS
- Review expectations
- Paper/notecards for anonymous questions distributed
- Textbook Pages: 594-600
- Workbook Page: 213
- Anonymous questions are collected at the end of class
- Parent/Trusted Adult Engagement Assignment: Workbook Page 214
- Teacher to email home a copy of the assignment with a note about students bringing it home that evening.

7th Grade Day 4 (Day 3 for 2021-22)
Chapter 18 Review and Assessment
- Answer Anonymous Student Questions
- Textbook Pages: 601
- Assessment (Adapted from Textbook Page 602)
Expectations for Sexual Health Lessons

- maintain maturity
- respect each other
- no personal questions or stories
- it's okay to pass on verbal questions
- anonymous written questions are welcome
- try to use correct terms for body parts and activities
- use inclusive language
- listen when others are speaking
- remember the appropriate places and times to discuss these topics outside of class
- we will be sensitive to diversity, and be careful about making careless remarks
Lesson 18.1 Graphic Organizer

STI Cause and Effect

As you listen to your teacher present Lesson 18.1, use the graphic organizer below to visually organize your notes about the most common STIs. Identify whether the cause of each STI is a bacterium, virus, or protozoa. Then, identify the effects and possible treatments for each STI.

<table>
<thead>
<tr>
<th>STI</th>
<th>Cause</th>
<th>Health Effects</th>
<th>Treatment</th>
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### Activity C  Lesson 18.2

**HIV: Reality Versus Misconceptions**

There are still a lot of myths and misconceptions about HIV/AIDS today. After reading Lesson 18.2 of the textbook, read the following HIV statements and decide if the statement is accurate or inaccurate. If the statement is accurate, indicate *Reality* in the space provided. If the statement is inaccurate, indicate *Misconception* and revise the statement to make it accurate. Then, answer the reflection questions.

<table>
<thead>
<tr>
<th>HIV Information</th>
<th>Reality or Misconception?</th>
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<tr>
<td>Some cities and states have passed laws requiring HIV-positive individuals to disclose information about their disease to sexual and needle-sharing partners.</td>
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<td>There is a cure for HIV.</td>
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<td>Individuals with HIV will suffer discrimination at their workplace.</td>
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<td>PrEP and PEP are two types of medications that can reduce a person's risk of contracting HIV.</td>
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<td>HIV can develop at different rates for different people.</td>
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<td>If a person tests positive for HIV, that means the person automatically has AIDS.</td>
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<tr>
<td>HIV can be transferred by blood, breast milk, saliva, and tears.</td>
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<tr>
<td>Antiretroviral therapy (ART) can reduce the amount of HIV in a person's blood to the point of being undetectable.</td>
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(continued)
May 23, 2022

Hello Parents / Trusted Adults:

In your child’s science class, students will be learning Comprehensive Sexual Health Education (CSHE) on May 25-27, 2022. This year we are piloting the adopted CSHE curriculum Goodheart-Wilcox Essential Health Skills for Middle School; therefore, will only be covering chapter 18: Sexually Transmitted Infections and HIV/AIDS.

A key part of your child’s understanding of these topics occur from conversations at home. The curriculum provides “Parent and Trusted Adult Engagement Assignments” that correspond with classroom learning. We will be sending home a one page assignment on May 26th with your student. The prompts within the assignment are meant to initiate the conversation. The pledge at the bottom is between you and your child; we are not requiring the papers to be returned.

Sincerely,

HMS Science Team
Heidi Holland, MollyAnn Callen
Heather Stivers, Mark Muckerheide
Reflection Questions

1. Do you believe middle school students have accurate information and knowledge about HIV/AIDS? Defend your response.

2. Prior to reading this lesson, where or from whom did you learn about HIV/AIDS? What did you learn from this source or person? Was the information you learned accurate? Explain your response.

3. After reading the lesson, what are three new realities you learned about HIV/AIDS?

4. Identify at least two questions you still have about HIV/AIDS. What source(s) could you use or whom could you ask to get accurate information for your questions?